



Calendrier Prévisionnel Sport Adapté 53

Saison 2023-2024

| SEPTEMBRE | | OCTOBRE | | NOVEMBRE | | DECEMBRE | | JANVIER | |
|-----------|---|---------|---|----------|---|----------|----|---------|---|
| 1 | V | 1 | D | 1 | M | 1 | V | 1 | L |
| 2 | S | 2 | L | 2 | J | 2 | S | 2 | M |
| 3 | D | 3 | M | 3 | V | 3 | D | 3 | M |
| 4 | L | 4 | M | 4 | S | 4 | L | 4 | J |
| 5 | M | 5 | J | 5 | D | 5 | M | 5 | V |
| 6 | M | 6 | V | 6 | L | 6 | M | 6 | S |
| 7 | J | 7 | S | 7 | M | 7 | J | 7 | D |
| 8 | V | 8 | D | 8 | M | 8 | V | 8 | L |
| 9 | S | 9 | L | 9 | J | 9 | S | 9 | M |
| 10 | D | 10 | M | 10 | V | 10 | D | 10 | M |
| 11 | L | 11 | M | 11 | S | 11 | L | 11 | J |
| 12 | M | 12 | J | 12 | D | 12 | M | 12 | V |
| 13 | M | 13 | V | 13 | L | 13 | M | 13 | S |
| 14 | J | 14 | S | 14 | M | 14 | J | 14 | D |
| 15 | V | 15 | D | 15 | M | 15 | V | 15 | L |
| 16 | S | 16 | L | 16 | J | 16 | S | 16 | M |
| 17 | D | 17 | M | 17 | V | 17 | D | 17 | M |
| 18 | L | 18 | M | 18 | S | 18 | L | 18 | J |
| 19 | M | 19 | J | 19 | D | 19 | M | 19 | V |
| 20 | M | 20 | V | 20 | L | 20 | M | 20 | S |
| 21 | J | 21 | S | 21 | M | 21 | J | 21 | D |
| 22 | V | 22 | D | 22 | M | 22 | V | 22 | L |
| 23 | S | 23 | L | 23 | J | 23 | S | 23 | M |
| 24 | D | 24 | M | 24 | V | 24 | CF | 24 | M |
| 25 | L | 25 | M | 25 | S | 25 | L | 25 | J |
| 26 | M | 26 | J | 26 | D | 26 | M | 26 | V |
| 27 | M | 27 | V | 27 | L | 27 | M | 27 | S |
| 28 | J | 28 | S | 28 | M | 28 | J | 28 | D |
| 29 | V | 29 | D | 29 | M | 29 | V | 29 | L |
| 30 | S | 30 | L | 30 | J | 30 | S | 30 | M |

| FEVRIER | | | MARS | | | AVRIL | | | MAI | | | JUN | | |
|---------|---|-------------------------|------|---|---------------------------|-------|---|-------------------------|-----|---|--------------------------|-----|---|---------------------|
| 1 | J | CD BASKET ABC Laval | 1 | V | | 1 | L | FERIE | 1 | M | FERIE | 1 | S | CR BADMINTON Cholet |
| 2 | V | | 2 | S | CR FOOT A 7 J2 ? | 2 | M | | 2 | J | | 2 | D | |
| 3 | S | CR JUDO ? | 3 | D | | 3 | M | | 3 | V | | 3 | L | |
| 4 | D | | 4 | L | | 4 | J | KINBALL Laval | 4 | S | | 4 | M | |
| 5 | L | | 5 | M | | 5 | V | | 5 | D | | 5 | M | |
| 6 | M | | 6 | M | | 6 | S | | 6 | L | | 6 | J | DECOUVERTE EN CLUB |
| 7 | M | | 7 | J | | 7 | D | | 7 | M | | 7 | V | |
| 8 | J | CD TT ? | 8 | V | | 8 | L | | 8 | M | FERIE | 8 | S | |
| 9 | V | | 9 | S | CD BADMINTON L'Huisserie | 9 | M | | 9 | J | | 9 | D | |
| 10 | S | CR FOOT A 7 J1 ? | 10 | D | | 10 | M | | 10 | V | | 10 | L | |
| 11 | D | | 11 | L | | 11 | J | FINALES FUTSAL Bonchamp | 11 | S | | 11 | M | |
| 12 | L | | 12 | M | | 12 | V | | 12 | D | | 12 | M | |
| 13 | M | | 13 | M | | 13 | S | CID ATHLETISME ? | 13 | L | | 13 | J | DECOUVERTE EN CLUB |
| 14 | M | | 14 | J | Soiree 99% féminine Laval | 14 | D | | 14 | M | | 14 | V | Pétanque Laval |
| 15 | J | CD FUTSAL Laval | 15 | V | | 15 | L | | 15 | M | | 15 | S | COUPE FOOT |
| 16 | V | | 16 | S | CR BASKET J2 ? | 16 | M | | 16 | J | | 16 | D | |
| 17 | S | CD PETANQUE Changé | 17 | D | | 17 | M | | 17 | V | | 17 | L | |
| 18 | D | | 18 | L | | 18 | J | KINBALL Laval | 18 | S | CR ATHLETISME ? | 18 | M | |
| 19 | L | | 19 | M | | 19 | V | | 19 | D | | 19 | M | |
| 20 | M | | 20 | M | | 20 | S | CR PETANQUE ? | 20 | L | FERIE | 20 | J | DECOUVERTE EN CLUB |
| 21 | M | | 21 | J | KINBALL Laval | 21 | D | | 21 | M | | 21 | V | |
| 22 | J | FINALES BASKET Bonchamp | 22 | V | | 22 | L | | 22 | M | | 22 | S | |
| 23 | V | | 23 | S | CR TT 85 CR FOOT A 7 J3 | 23 | M | | 23 | J | FINALES KINBALL Bonchamp | 23 | D | |
| 24 | S | | 24 | D | | 24 | M | | 24 | V | | 24 | L | |
| 25 | D | | 25 | L | | 25 | J | | 25 | S | CR TENNIS ? | 25 | M | |
| 26 | L | | 26 | M | | 26 | V | | 26 | D | | 26 | M | |
| 27 | M | | 27 | M | | 27 | S | | 27 | L | | 27 | J | |
| 28 | M | | 28 | J | CD HANDBALL Laval | 28 | D | | 28 | M | | 28 | V | |
| 29 | J | | 29 | V | | 29 | L | | 29 | M | | 29 | S | |
| | | | 30 | S | | 30 | M | | 30 | J | DECOUVERTE EN CLUB | 30 | D | |
| | | | 31 | D | FERIE | | | | 31 | V | | | | |

| | | | | | | | | | |
|-----------|--|------------|--------------------------------|---------------|-------------------------------|-----------|--------------------|--|------------------------------------|
| CD | Championnat Départemental (Jeudi de 19h30 à 22h) | CID | Championnat Interdépartemental | CD SAJ | Championnat Départemental SAJ | AM | Activités Motrices | | Vacances Scolaires et Jours Fériés |
|-----------|--|------------|--------------------------------|---------------|-------------------------------|-----------|--------------------|--|------------------------------------|

| | | | | | | | |
|-----------|---|----------------|------------------------------------|-----------|------------------|-----------|-----------------------|
| CR | Championnat Régional (Toute la journée) | CID SAJ | Championnat InterDépartemental SAJ | AJ | Activités Jeunes | AD | Activités Découvertes |
|-----------|---|----------------|------------------------------------|-----------|------------------|-----------|-----------------------|

